

CONTENTS

Translator's Foreword	7
Preface	8
I. A Valuable Turkish Acquaintance	10
II. Dark Byways of Mohammedan Occultism	16
III. Visit to a Tekke of the Mevlevi or 'Whirling Dervishes'	25
IV. Visit to a Tekke of the Rufai or 'Howling Dervishes'	35
V. Eastern and Western Mysticism	44
VI. Preliminary Meditations	49
VII. Testing	52
VIII. We call on Sheikh Essad Efendi	56
IX. Diary	
<i>First Day in the Tekke</i>	
Impressions and Examinations	61
<i>Second Day</i>	
Introduction to Monastic Life — My Companions	66
<i>Third Day</i>	
Visiting Khalifs	76
<i>Fourth Day</i>	
First Experience of Zikr	80
<i>Fifth Day</i>	
More Zikr — Visitors	85
<i>Sixth Day</i>	
The Interpreter — My First Guide in Stamboul	97
<i>Seventh Day</i>	
Night Life — Birth and Death in Islam	102
<i>Eighth Day</i>	
Esotericism	107
<i>Ninth Day</i>	
Jinns — Dreams — Relations with the Dead	112
<i>Tenth Day</i>	
East and West — Books — Letter of Introduction	123

<i>Eleventh Day</i>	
Friday Service — Visit of Three Professors —	
Occult Evolution	130
<i>Twelfth Day</i>	
Hizir — Koran-Singing — Reincarnation —	
Initiation — Prophets	138
<i>Thirteenth Day</i>	
Ecstasy — Islamic Orders — Phenomena — I Join in Prayers	147
<i>Fourteenth Day</i>	
Questions — Goodbyes — The Sheikh's Letter	166
X. A Visit to Ali's Tekke in Üsküdar	176
XI. Garden Party with the Sheikhs who were	
later Condemned to Death	185
XII. The Egyptian Pasha and his Clairvoyant Wife	194
XIII. Post Festum 1953	203
About the Author	206