# Contents

Series Editor’s Preface ................................................................................................................... vii
Acknowledgments ............................................................................................................................. ix
Foreword ........................................................................................................................................... xi
   Anita Vangelisti

Chapter One. Embracing the Insights of “Murphy”: New Frontiers of Communication, Hope, and Resilience Across the Lifespan ......................................................................................................................... 1
   Gary A. Beck and Thomas J. Socha

**Section I: Contributing Processes**

Chapter Two. On Being (and Becoming) Mindful: One Pathway to Greater Resilience ......................................................................................................................... 15
   Valerie Manusov and Jacquelyn Harvey-Knowles

Chapter Three. “We Could Sure Use a Laugh”: Building Hope and Resilience Through Humorous Communication ............................................................................. 34
   Rachel L. DiCioccio

Chapter Four. Fostering Hope in a Hurtful World: The Role of Communication in Promoting Hope and Resilience in the Face of Difficult Experiences ........................................................................ 53
   Rachel M. McLaren and Joshua Pederson

Chapter Five. Unfolding the Transgression Scene: From Distress to Hope and Resilience ......................................................................................................................... 75
   Sandra Metts and Bryan Asbury

**Section II: Contexts**

Chapter Six. (Re)Envisioning Hope & Resilience in U.S. and Norwegian Prisons ......................................................................................................................... 97
   Brittany L. Peterson and Tim P. McKenna-Buchanan
Chapter Seven. Employment Transitions in the Aftermath of Economic Collapse: Emerging and Older Adults ............................................. 119
Gary A. Beck, Ashley M. Poole, and Lisa M. Ponche

Chapter Eight. Resilience, Work, and Family
Communication Across the Lifespan.................................................. 138
Patrice M. Buzzanell and Suchitra Shenoy-Packer

Chapter Nine. Fear of the Unknown, Hope for the Unseen:
Resilience of Child Soldiers in Uganda, East Africa ...................... 156
Erik W. Green

Chapter Ten. When All Seems Lost:
Building Hope Through Communication After Natural Disasters ..... 176
Andy J. Merolla

Chapter Eleven. The State of Cancer Care Communication
Across the Lifespan: The Role of Resilience, Hope, and Decision-making ................................................................................. 195
Lisa Sparks, Veronica Hefner, and Amy H. Rogeness

Section III: Imparting Hope and Resilience

Chapter Twelve. Life’s “War Stories”: Accounts of Resilience and Hope.... 219
Thomas J. Socha and Alfredo Torres

Chapter Thirteen. Fostering Civic Resilience and Hope
Through Communication Activism Education ................................... 235
David L. Palmer and Lawrence R. Frey

About the Editors and Contributors .................................................. 259
Authors Index .................................................................................. 261
Subject Index .................................................................................. 277