

CONTENTS

| | |
|------------------------|------|
| <i>Illustrations</i> | vii |
| <i>Preface</i> | ix |
| <i>Acknowledgments</i> | xiii |

PART ONE. FOOD AND TEXT—COOK AND WRITER

| | |
|------------------------|----|
| Prologue: A Rendezvous | 3 |
| 1. The Cook | 7 |
| 2. Writer and Author | 28 |

PART TWO. THE TEXT AND ITS FORM

| | |
|--|-----|
| 3. The Origin and Early Development of Modern Cookbooks | 49 |
| 4. Printed Cookbooks: Diffusion, Translation, and Plagiarism | 65 |
| 5. Organizing the Cookbook | 81 |
| 6. Naming the Recipes | 98 |
| 7. Pedagogical and Didactic Approaches | 112 |
| 8. Paratexts in Cookbooks | 130 |
| 9. The Recipe Form | 144 |
| 10. The Cookbook Genre | 164 |

PART THREE. THE TEXT AND ITS WORLD

| | |
|---|-----|
| 11. Cookbooks for the Rich and the Poor | 187 |
| 12. Health and Medicine in Cookbooks | 201 |
| 13. Recipes for Fat Days and Lean Days | 213 |
| 14. Vegetarian Cookbooks | 223 |
| 15. Jewish Cookbooks | 233 |
| 16. Cookbooks and Aspects of Nationalism | 245 |
| 17. Decoration, Illusion, and Entertainment | 264 |
| 18. Taste and Pleasure | 277 |
| 19. Gender in Cookbooks and Household Books | 288 |
| Epilogue: Cookbooks and the Future | 299 |
| <i>Notes</i> | 303 |
| <i>References</i> | 353 |
| <i>Index</i> | 375 |