

## CONTENTS

VITA TELEGRAM.....	04
DEDICATION.....	06
PREFACE.....	07
IDEA.....	08
AIM.....	09
TWO CONCEPTIONS IN INTERACTION.....	10
GRAPHIC OF THE CORE SEGMENTS.....	11
BURNOUT-PREVENTION IN TRADITION AND MODERN   INTERACTIVE CORE SEGMENTS.....	12
IN RAINLIGHT CONCEPTION   INTERACTIVE CORE SEGMENTS.....	13
BURNOUT-PREVENTION IN TRADITION AND MODERN   CORE SEGMENTS 1-5.....	14
BURNOUT-PREVENTION-TRILOGY.....	15
BURNOUT TROJAN TEAM-ANALYSIS.....	16
POST-BURNOUT-PREVENTION.....	17
STARTUPPERS BURNOUT PREVENTION.....	18
TCM-FITNESS.....	19
IN RAINLIGHT MUSIC.....	20
IN RAINLIGHT LYRIC.....	24
IN RAINLIGHT ART.....	28
ACKNOWLEDGMENT FOR A LONG WAY – IN RAINLIGHT - 1989-2019.....	56