

## Overview

---

Map of the Altmark  
Inside cover

---

Editorial | 01  
The Altmark – a world for you.

---

And if it were true ...? | 02  
Legends and truth in the Altmark tourist region

---

Little Venice and the medieval beer rebels | 04  
Towns and places in the Altmark

---

Towns and places in the Altmark | 06  
The Hanseatic League & contemporary witnesses  
of medieval prosperity

---

## Culture

---

Where life blossoms eternally | 08  
Rich landscaped gardens and wide parks

---

Scattered beauties | 10  
Castles and manor houses in the Altmark

---

"See red" on the Romanesque Road | 12  
Churches, monasteries and the magic of bricks

---

As exceptional as the country – | 14  
the people from the Altmark  
In the footsteps of Winckelmann, Reutter and Bismarck

---

The secret of the Trojan horse | 16  
The "Treasury of the Mark" –  
museums and art treasures

---

Tales of vibrato and shaking cathedral windows | 18  
Perfectly staged: music and theatre in the Altmark

---

## Active

---

Washed with all waters | 20  
The Blue Belt in the Altmark

---

Freedom now starts where it used to stop | 22  
The Green Belt –  
from deadly no man's land to paradise

---

The wonderful difficulty of having to decide | 24  
Cycling in the Altmark

---

On the film set of reality | 26  
Magical hiking and riding in the Altmark

---

## DELIGHT

---

The difference between liquid and solid gold | 28  
Culinary specialities from the Altmark

---

When the imperial couple enters Tangermünde ... | 30  
Folk festivals and Altmark gastronomy

---

## The Altmark

---

The Altmark's economy | 32

---

Infrastructural links & success and careers | 34

---

Living & housing in the Altmark | 35

---

Imprint | 36

---

Tourist Information and info points | 37

---